



## JSG STATEMENT ON COVID-19 – August 15th, 2022

On 08/11/2022 the CDC (Centers for Disease Control) updated COVID-19 isolation and quarantine recommendations and Johnson Service Group (JSG) is following these recommendations along with all other federal, state, and local regulations.

The CDC’s updated COVID-19 isolation and quarantine recommendations are:

Regardless of vaccination status, everyone needs to isolate from others after they have tested positive for COVID-19. Individuals should also isolate if they are sick and suspect that they have COVID-19 but do not have test results yet.

If you test for COVID-19, and your results are negative, you can end your isolation period.

If your results are positive, asymptomatic and mildly ill people are to quarantine for a period of 5 days to focus on the period when a person is most infectious, followed by continued masking (with a high-quality mask) for an additional 5 days.

You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.

Continued mask use and layered prevention strategies, such as receiving all recommended vaccination and booster doses, physical distancing, handwashing, and improved ventilation are key to preventing COVID-19 and decreasing transmission.

### QUICK REFERENCE GUIDE

POSITIVE TEST FOR COVID-19	EXPOSURE TO CLOSE CONTACT WITH COVID-19
Isolate for 5 days	Wear mask for full 10 days from exposure *Now regardless of vaccination status
Return to work on day 6, so long as symptoms are resolving, or they are asymptomatic	No isolation period is required unless you develop symptoms.
Must wear high quality mask full-time for days 6-10	Get tested at least 5 full days after your last exposure (as you could be asymptomatic)
With 2 sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.	If you test negative, continue taking precautions through day 10
	If you test positive, isolate immediately (as detailed above)