



## JSG STATEMENT ON COVID-19 – March 1, 2022

On 12/27/2021 the CDC (Centers for Disease Control) updated COVID-19 isolation and quarantine recommendations and Johnson Service Group (JSG) is following these recommendations along with all other federal, state, and local regulations.

The CDC's updated COVID-19 isolation and quarantine recommendations are:

Asymptomatic and mildly ill people quarantine for a period of 5 days to focus on the period when a person is most infectious, followed by continued masking for an additional 5 days.

You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

With the recommended shorter isolation and quarantine periods, it is critical that people continue to wear well-fitting masks and take additional precautions for 5 days after leaving isolation or quarantine.

Mask use and layered prevention strategies, such as receiving all recommended vaccination and booster doses, physical distancing, screening testing, handwashing, and improved ventilation, are key to preventing COVID-19 and decreasing transmission.

### QUICK REFERENCE GUIDE

POSITIVE TEST FOR COVID-19	EXPOSURE TO CLOSE CONTACT WITH COVID-19
Isolate for 5 days	Wear mask for full 10 days from exposure (depending on vaccination status)
Return to work on day 6, so long as symptoms are resolving, or they are asymptomatic	Isolate as per detailed above
Must wear mask full-time for days 6-10	